

SUMMITSTONE  
HEALTH PARTNERS



# Current State of Behavioral Health

**Lesley Brooks, MD**  
**2021 Health Care Summit**  
**Fort Collins Chamber of Commerce**

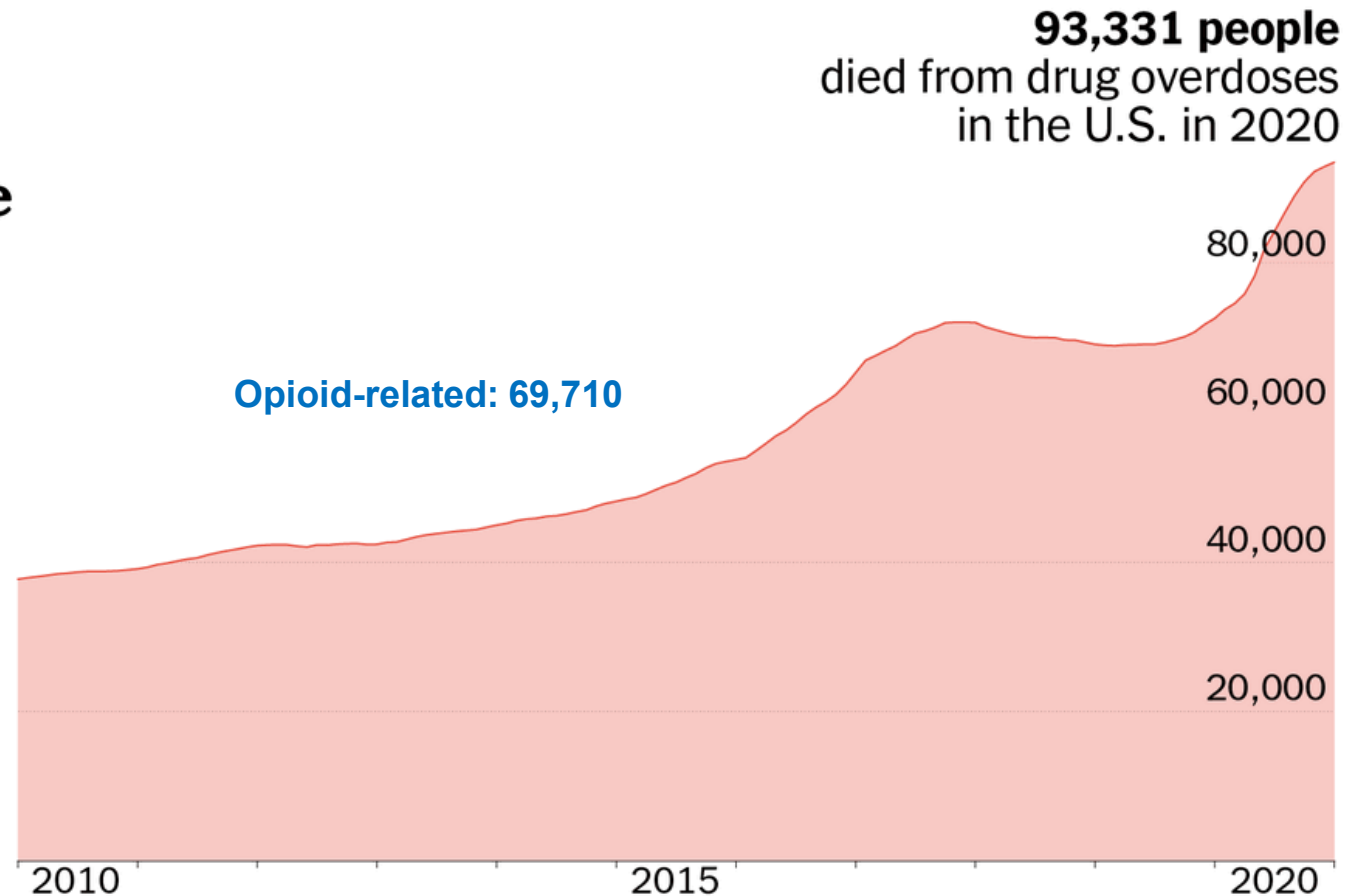


# Objectives

- Crisis overview – Brief!
- The Good News! What's new? What's coming?
  - Residential Treatment
  - New BHS Facility
  - ARPA \$

# US Drug Overdose Deaths - 2020

**U.S. Drug Overdose Deaths Rose Nearly 30% in 2020**



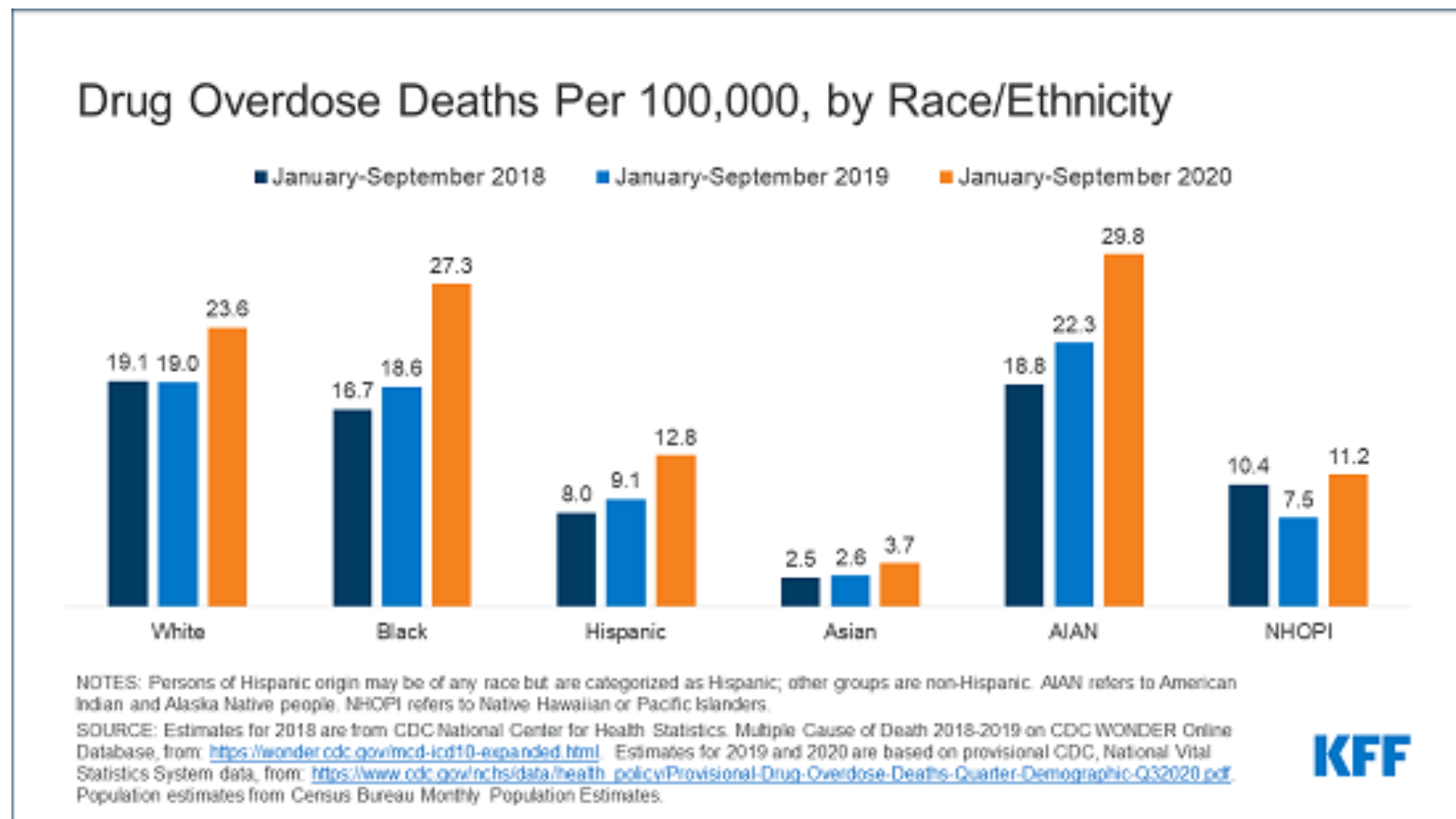
Source: Centers for Disease Control and Prevention



Ref: NY Times *The Upshot* 7/14/2021

<https://www.nytimes.com/interactive/2021/07/14/upshot/drug-overdose-deaths.html>

# Communities of Color Hit Hard - 2020

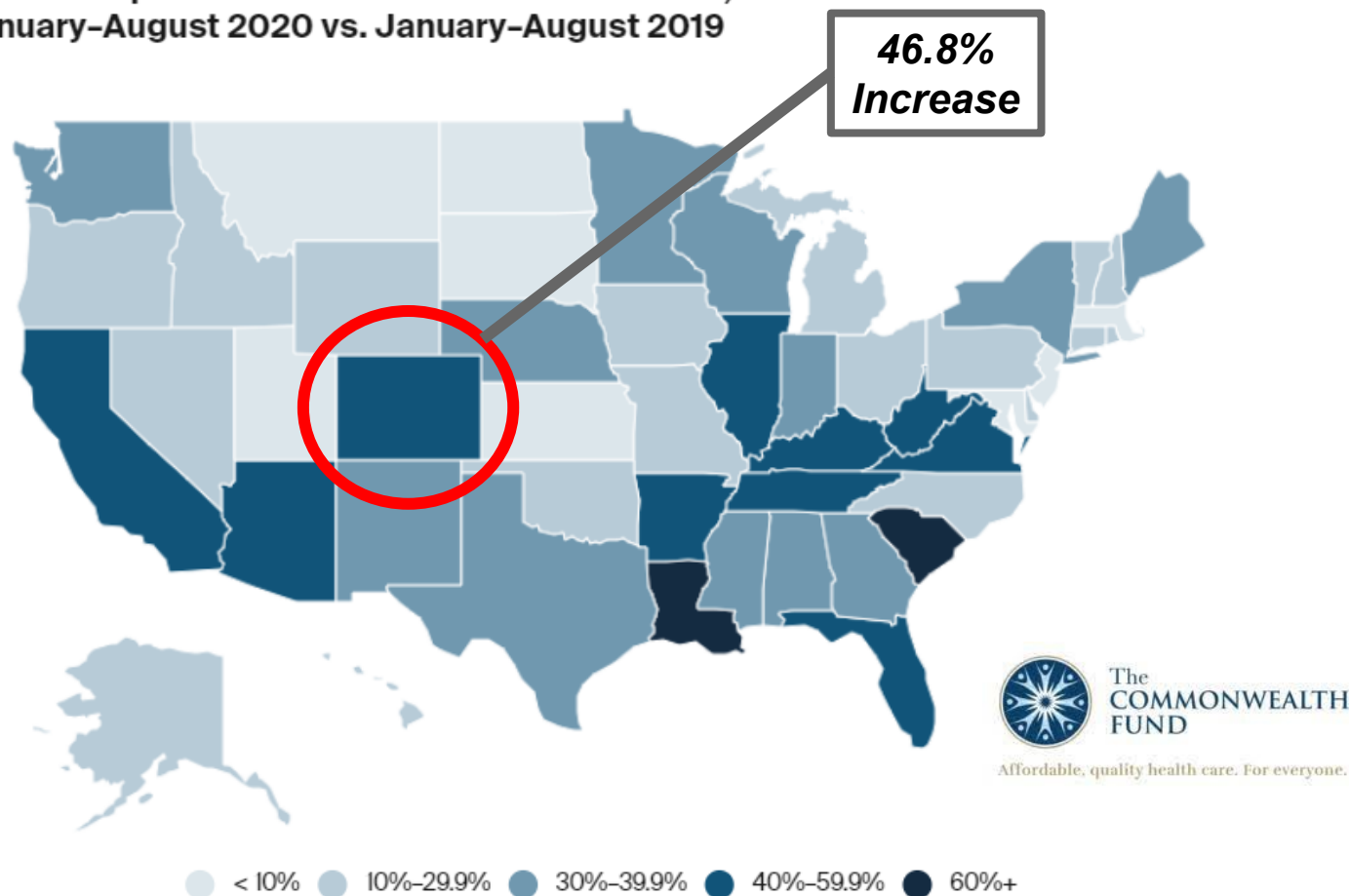




# US Drug Overdose Deaths – 2020

Overdose Deaths Increased in Almost Every State  
During the First Eight Months of 2020

Estimated percent increase in overdose deaths,  
January–August 2020 vs. January–August 2019



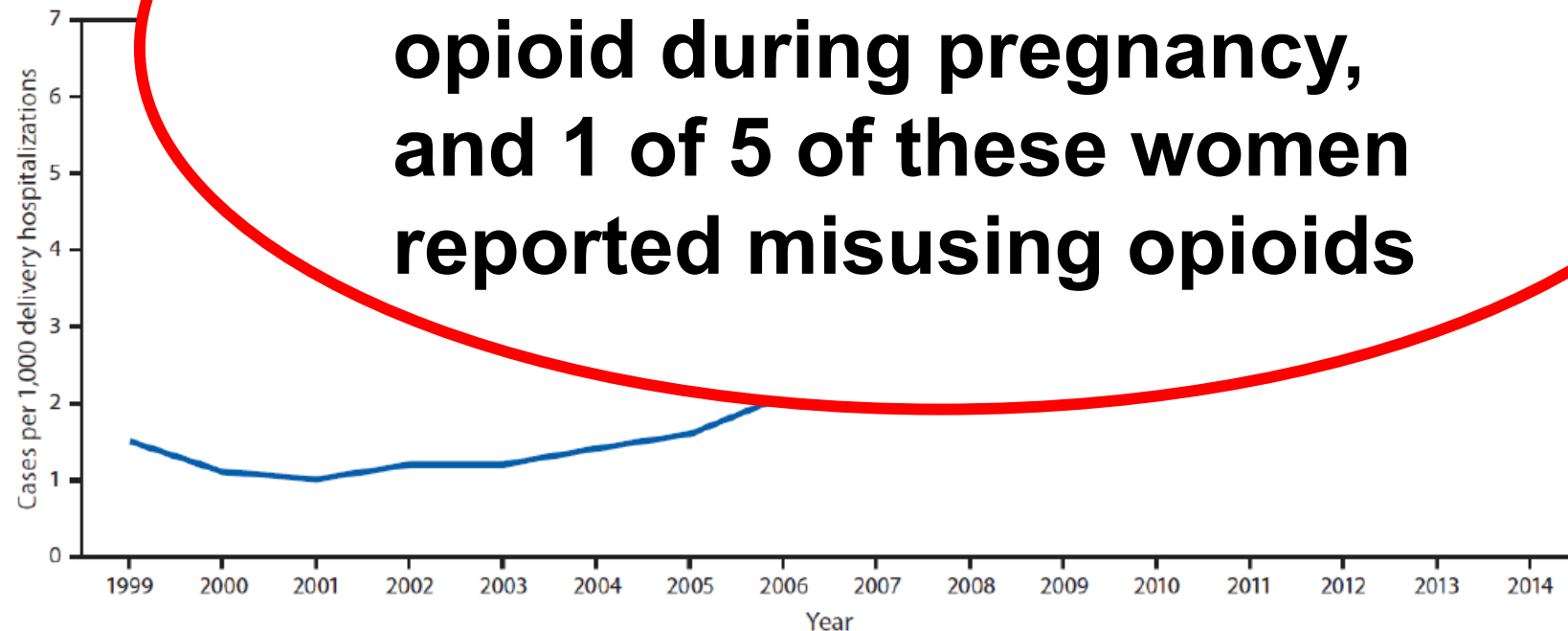
# Pregnant Women & OUD at Delivery: 1999-2014

- Prevalence of OUD increased 333% from 1.5 cases/1,000 delivery hospitalizations →

- Increase

**2019 CDC Data: 6.6% of women reported using a Rx opioid during pregnancy, and 1 of 5 of these women reported misusing opioids**

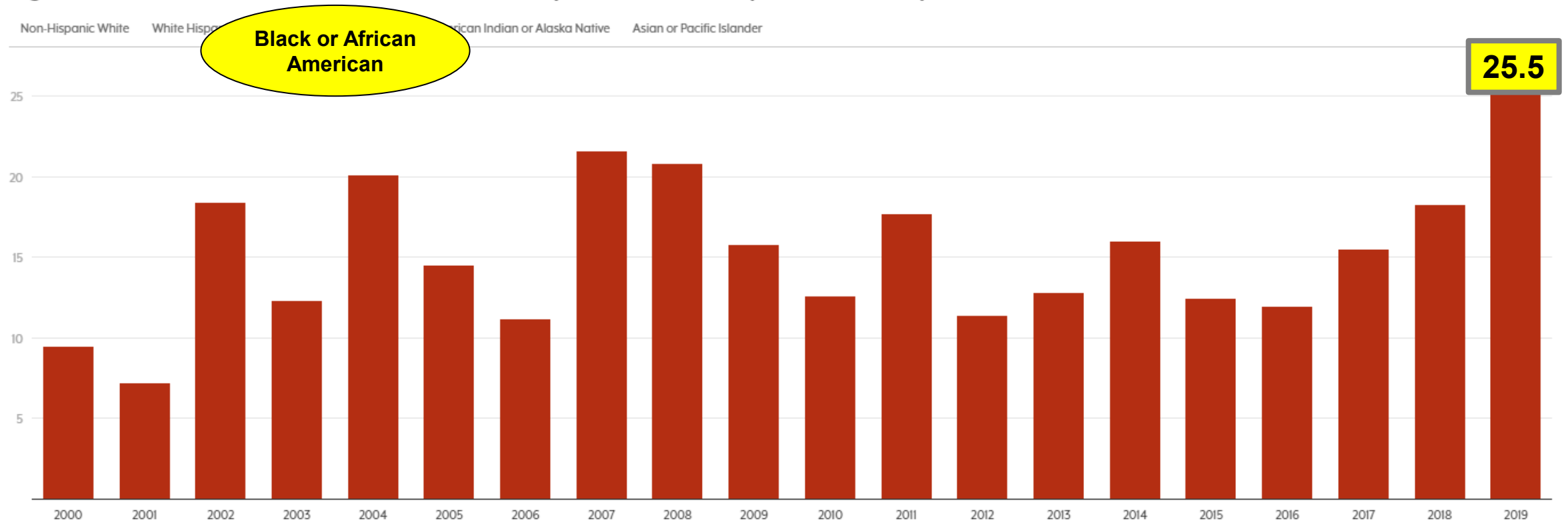
FIGURE 1. National Prevalence and Utilization of Opioid Use Disorder Documented at Delivery Hospitalization – United States, 1999–2014.



*CDC. Vital Signs: Opioid Use Disorder Documented at Delivery Hospitalization – United States, 1999–2014. MMWR Morb Mortal Wkly Rep 2018;67(31):845–9.*

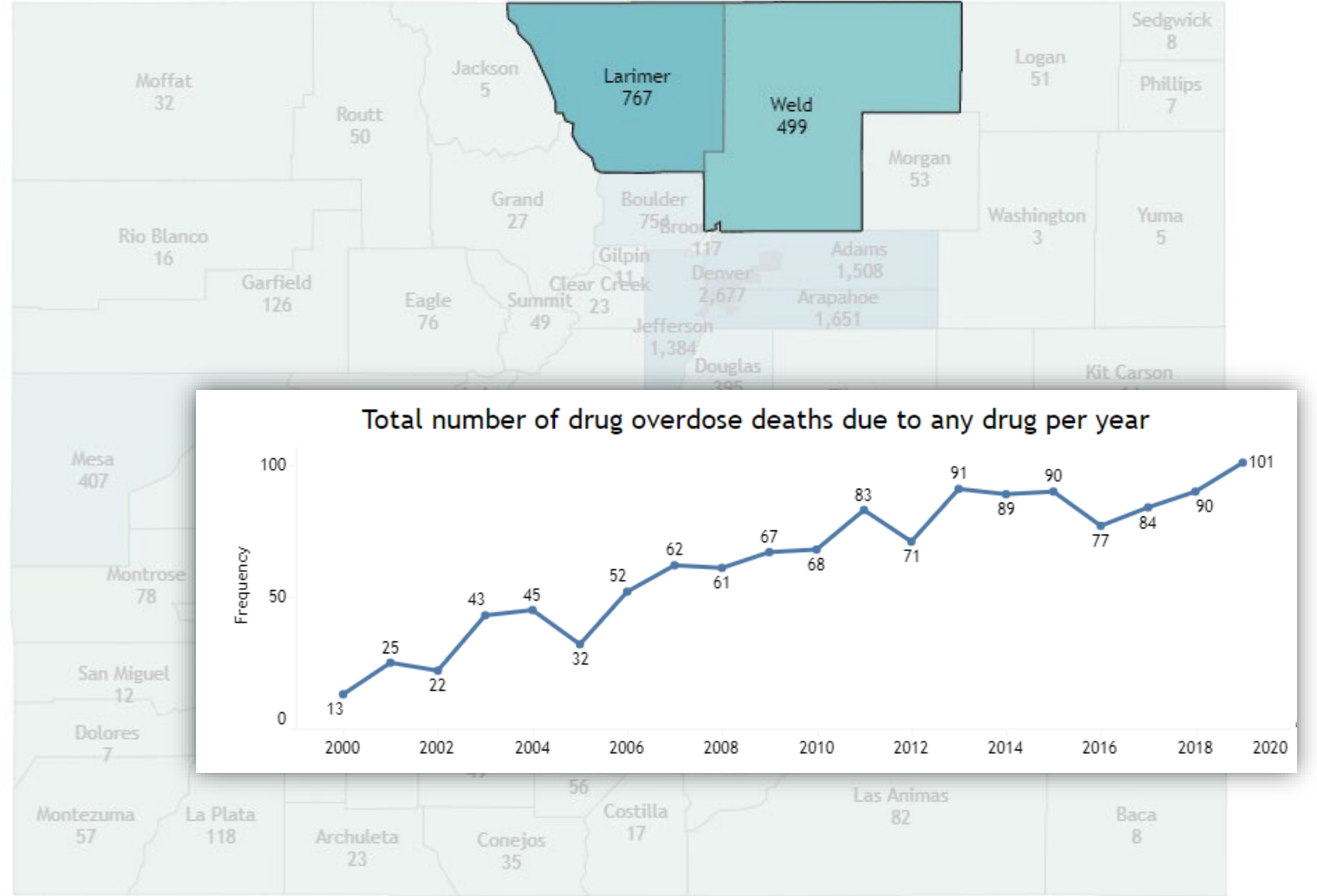
# Colorado Overdose Deaths: 2000-2019

Figure 6: Overdose Death Rates Per 100,000 People in Colorado by Race/Ethnicity, 2000–2019





# Counts of Overdose Deaths Due to Any Drug in Colorado 2000- 2019: Larimer & Weld County



# Deaths by Suicide in Colorado Also Increasing



● Colorado  
■ U.S.

<https://www.americashealthrankings.org/explore/annual/measure/Suicide/state/CO>

# Race/Ethnicity Disparities Also Present in Colorado

**Among teenagers and young adults, suicide deaths have increased more than 45% for Black Americans and about 40% for Asian Americans in the seven years ending in 2019.**

<https://khn.org/news/article/pandemic-unveils-growing-suicide-crisis-for-communities-of-color/>

White (non-Hispanic) Latinx

White Hispanic/Latinx

Black/African American

Asian or Pacific Islander

American Indian and Alaska Native

Source: Colorado Department of Public Health and Environment



# Behavioral Health Services - Update

- As a reminder...
- Six (6) levels of service
  - 24/7 behavioral health urgent care
  - Social Detox
  - Medical Detox
  - CSU
  - IRT
  - Bridge Clinic

- Will offer MAT throughout  
- Services supported by pharmacy  
& lab

# BHS – Overview of Services



## 6 Levels of Service

Behavioral Health Triage & Bridge Clinic	Behavioral Health Observation	Social Detox	Medical Detox	Crisis Stabilization Unit (CSU)	Intensive Residential Treatment (IRT)
8 exam rooms	8 recliners	16 beds	16 beds	16 beds	16 beds



- 24/7 walk-in/care availability
- BHS EHR: MyAvatar
- All payers served
- 24/7 provider coverage in multiple areas



# GARCIA HOUSE

A CIRCLE PROGRAM BY SUMMITSTONE



# From Blueprints to Footprints!

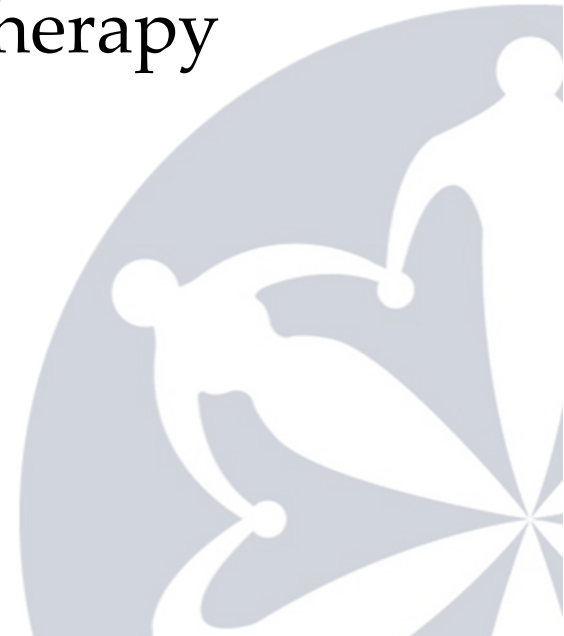


# General Program Information

- Offering two levels of Substance Use Disorder Treatment
  - ASAM 3.7 Level of Care – Medically Monitored Intensive Residential Treatment
  - ASAM 3.5 Level of Care – Clinically Managed Intensive Residential Treatment
- 16 Bed Facility that serves clients age 18-65
  - 8 double occupancy rooms
- Designed for individuals with co-occurring substance use and mental health disorders
- Length of stay will be determined by medical necessity
- Home-like setting where clients will participate in cooking, laundry and other skill building activities of daily living

# Services Provided

- Each client will participate in at least 20 hours of individualized treatment a week
- Evidence Based Group Therapy
- Individual Therapy
- Opportunities for Family Therapy/Support System Therapy
- Recreation Therapy – on-site gym
- Medication Assisted Treatment
- Substance Monitoring





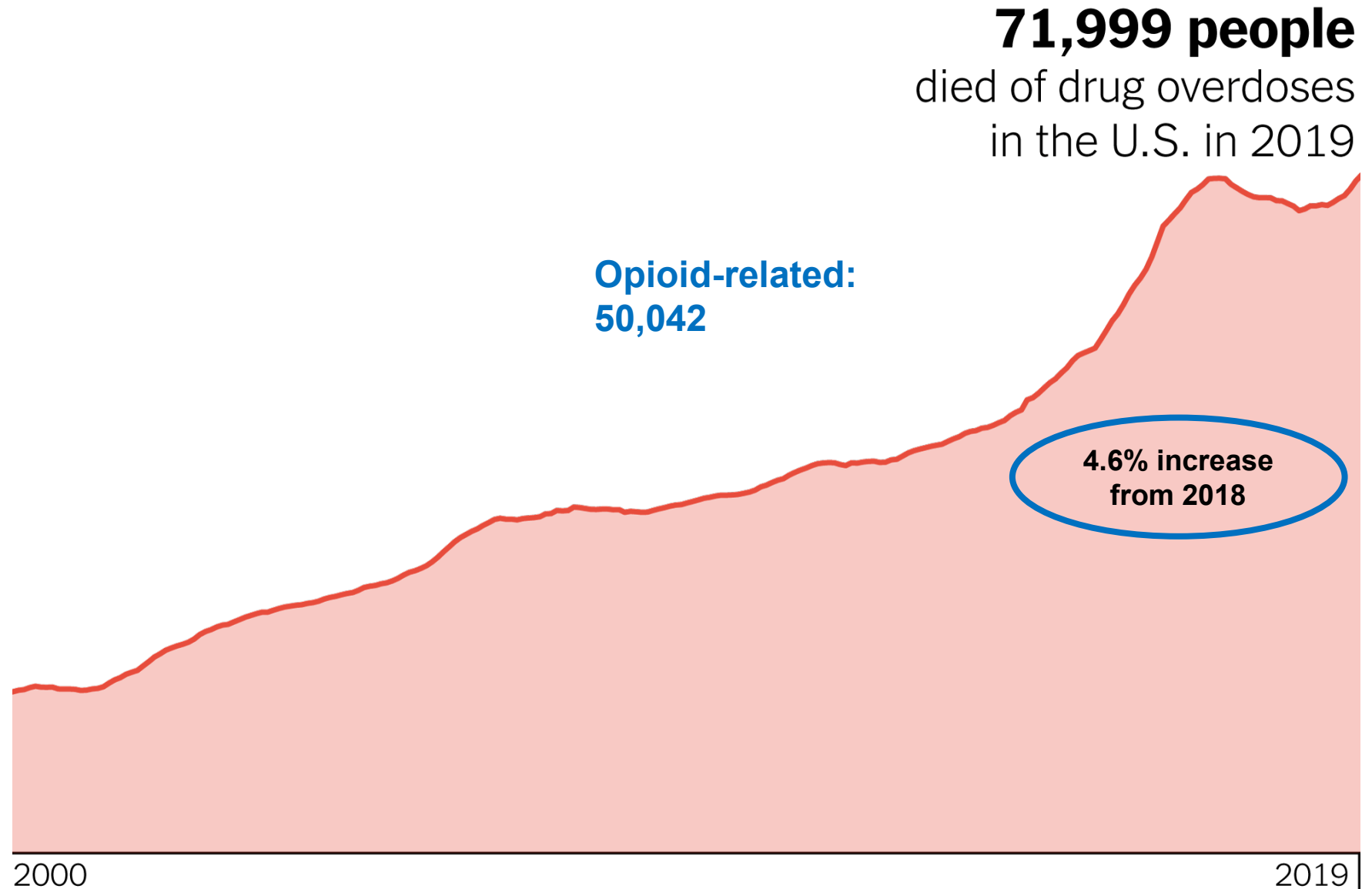


# **AMERICAN RESCUE PLAN ACT OF 2021**

**Thank You!**

**We look forward to your questions  
and feedback.**

# US Drug Overdose Deaths - 2019



Ref: NY Times *The Upshot* 7/15/2020

<https://www.cdc.gov/nchs/nvss/vsrr/drug-overdose-data.htm>